



Special Academic Excursion

Experience the Origins and Future of Japanese Dentistry

A Journey Through Japanese Dentistry: Past, Present, and Future

**The 2nd Asian Association of Japan Dental Alumni (AJDA) Meeting
& Special Pre-Meeting Excursion Official Guidebook**

**October 30 (Fri) & October 31 (Sat), 2026
Tokyo and Kanagawa, Japan**

Hosted by
AJDA / ADF



About AJDA

A growing alumni network connecting Japanese dental education and Asian leadership

23
Countries

200
Registered
Members

2024
Founded



- The first AJDA meeting was held in Bangkok, Thailand, on August 3, 2024, marking the establishment of AJDA.
- AJDA is a network of dentists, researchers, and educators from Asian countries who graduated from Japanese dental schools.
- Its purpose is to promote mutual understanding, academic cooperation, educational exchange, and future collaborative research.
- AJDA serves as an international platform connecting universities, government institutions, and private clinics in members' home countries.

Welcome Back to Japan, Your “Second Home”: A Special Two-Day Program designed as an academic prospectus for international dental leaders



Target Audience

- AJDA members who earned degrees at Japanese dental graduate schools
- International students currently enrolled in Japanese dental graduate programs
- Deans, directors, and faculty members responsible for dental education overseas
- Dental professionals recommended by the above

In addition to participating in an international academic meeting, this program offers participants an opportunity to explore the historical development of dentistry in Japan, observe contemporary community-based clinical practice, and consider how accumulated knowledge and experience can contribute to the future of dental education and international collaboration.

Program Overview

DAY 1 October 30 (Fri) **Pre-Meeting Excursion**

**Exploring the Past and Present of
Japanese Dentistry
A Historical and Clinical Study
Tour in Kanagawa**

DAY 2 October 31 (Sat) **The 2nd AJDA Meeting**

**Academic Lectures, Meeting,
and Reception
(Tokyo / Institute of Science Tokyo)**

Expected Outcomes

- ✓ Understand the historical development of dentistry in Japan
- ✓ Observe Mibyo Dentistry and long-term patient management at Bell Dental Clinic
- ✓ Participate in a patient interview and Q&A session
- ✓ Consider how historical knowledge and contemporary clinical practice inform the future of dentistry

- ✓ Receive the latest updates from country representatives
- ✓ Reconnect and exchange with former international students





Japanese Dentistry Through Time

DAY 1 October 30 (Fri)
Pre-Meeting Excursion

Understanding how historical knowledge, contemporary clinical practice, and international collaboration shape the future

This program is more than a series of facility visits. It is an academic journey that connects the historical origins of dentistry in Japan with contemporary community-based clinical practice and the future of international dental education and collaboration.



Learning from the Past, Improving the Present, and Shaping the Future of Oral Health

DAY 2 October 31(Sat)

Dental Museum of the Kanagawa Dental Association

Explore the history of oral care, modern Western dentistry, and dental heritage.

Bell Dental Clinic

Observe long-term management care, preventive care, data utilization, and Mibyo Dentistry.

AJDA Meeting

Advance international collaboration through lectures, exchange, and alumni networks.





DAY 1 October 30 (Fri)
Pre-Meeting Excursion

Observation Matrix

Historical Perspectives × Contemporary Clinical Practice

October 30, 2026 (Fri)

	Morning: Dental Museum	Afternoon: Bell Dental Clinic
Perspective	Historical development of dentistry and oral care	Contemporary community-based clinical practice
Scale & Scope	Japanese and international dental history	Individual patients, clinical teams, and the local community
Core Focus	Traditional oral care, dental instruments, dentures, clinical environments, and modernization	Prevention, long-term management, clinical data, and Mibyo Dentistry
Key Concept	Learning from historical materials to understand the development of present-day dentistry	Early intervention and continuous management before and after disease onset
Primary Takeaway	How dental knowledge, technologies, and professional practice evolved over time	How contemporary Japanese dental practice supports lifelong oral health
Future Relevance	Preservation of dental heritage and application of historical insight to education	Clinical training, data-based research, and international exchange

By comparing historical materials with contemporary clinical practice, participants will gain a deeper understanding of how Japanese dentistry has evolved and how its accumulated knowledge can contribute to future education, research, and patient care.



DAY 1 October 30 (Fri)
Pre-Meeting Excursion

Exploring the Historical Foundations of Japanese Dentistry

Morning Program / Yokohama, Kanagawa

Located in the Kanagawa Dental Health Center in Yokohama, the Dental Museum preserves materials relating to the history of dentistry and oral care. Its collections illuminate traditional Japanese practices, the introduction of modern Western dentistry, and the development of instruments, materials, and treatment environments.



Dental Museum of the Kanagawa Dental Association

A specialized museum that traces the history of dentistry and oral care through rare instruments, dentures, hygiene tools, historical documents, advertisements, and dental treatment units.

01

Traditional Japanese oral care and dental customs

02

Historical dentures and dental instruments

03

The introduction of modern Western dentistry through Yokohama

04

The evolution of dental practice and public oral-health awareness

Learning Objectives

Dental History / Traditional Oral Care / Introduction of Western Dentistry / Evolution of Dental Instruments and Treatment Environments / Public Oral-Health Education / Preservation of Dental Heritage

DAY 1 October 30 (Fri)
Pre-Meeting Excursion

The Present and Future of Community-Based Dentistry: Bell Dental Clinic

Afternoon Program / Ebina, Kanagawa

Bell Dental Clinic is a community-based dental practice with more than 37 years of experience in Ebina City. To extend “dental healthy life expectancy,” the clinic practices long-term management care and “Mibyo” Dentistry.



1

Prevention & Maintenance

Transition from treatment-centered care to long-term management care (recall system)

2

Data Utilization

Accumulation and analysis of clinical data, and application to patient education

3

Team-Based Care

Clinic management through collaboration among dentists, hygienists, reception staff, and administrative staff

Preventive programs have been implemented since 1997

Approximately 3,000 patients are under long-term management (as of 2026)

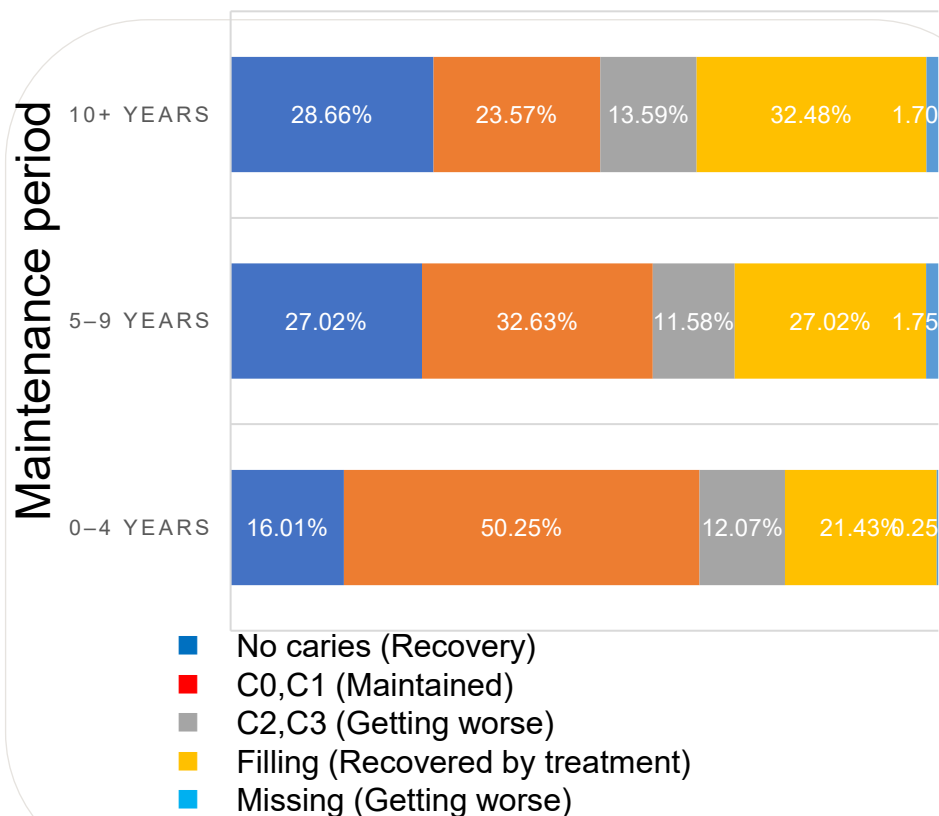
Goal: support the health of 10,000 patients by 2030

Operates as a dentist clinical training facility with a five-year training program

DAY 1 October 30 (Fri)
Pre-Meeting Excursion

Visualizing the Clinical Philosophy: The “Mibyo” Model

From treatment-centered dentistry to long-term management of healthy teeth and early changes



Standard Definition

Mibyo Dentistry is a clinical concept that shifts dentistry from a conventional model of treating caries and periodontal disease after onset, to a model of long-term management of healthy teeth, early lesions, and mild functional decline.

Clinical Significance

By detecting early signs before disease becomes apparent or when functional decline is still mild, Mibyo Dentistry helps maintain teeth and oral function at a high baseline level.

Measurement & Dialogue

Visualization of “Mibyo” based on data

Standardization

Commitment to precision care that prevents recurrence

Self-Development & Organizational Capacity

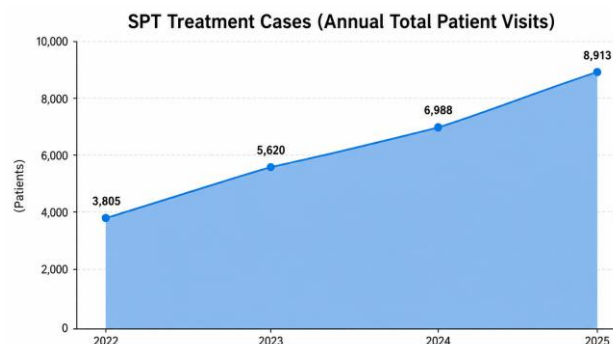
Human resource development to realize Mibyo Dentistry

DAY 1 October 30 (Fri)
Pre-Meeting Excursion

Bell Dental Clinic: 2025 Clinical Performance

Evidence supporting long-term management and preventive care

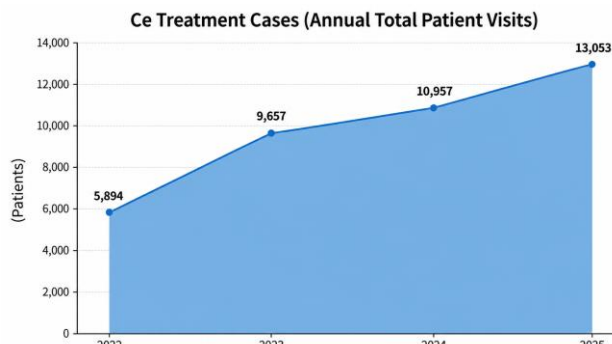
Bell Dental Clinic practices health-management-centered dentistry and supports the preservation of dental health and oral function through continuous patient visits.



Periodontal Management (Progression Control)

1

In 2025, patients aged 20 to 92 made a total of 8,913 SPT visits, supporting efforts to control the progression of periodontal disease.



Initial Caries Management (Progression Control)

2

In 2025, 13,053 patient visits received initial caries (Ce) control. The clinic emphasizes sustainable self-care support.

3

Value as a Long-Term Management Dental Clinic

For maintenance patients who visit continuously, the clinic provides feedback on changes over time based on accumulated examination data.

Longitudinal data supports
patient education.



DAY 1 October 30 (Fri)
Pre-Meeting Excursion

Excursion Itinerary & Logistics

October 30, 2026 (Fri)

09:00

Meet at Science Tokyo (tentative)

09:10

Depart by chartered bus

10:00–
11:00

Visit Dental Museum in Kanagawa Dental Association

11:00–
12:00

Transfer by bus

12:00–
15:30

Visit Bell Dental Clinic, Lunch, Observation, Patient interview and Q&A

15:30

Depart for central Tokyo

17:00

Return to central Tokyo

Registration Details

- Capacity: 20 participants (first-come, first-served)
- Registration deadline: **August 31, 2026**
- Fee: **JPY10,000**
- Payment to be made with the AJDA registration fee via PayPal

Inclusions & Preparation

- Includes chartered bus, lunch, and museum tours
- Dress code: Business / Smart Casual
- Comfortable shoes are recommended

Guidelines

- For photo and video recording, host-site instructions must be followed
- Strict confidentiality for museum contents, clinical data, and patient / staff information
- Masks or gowns may be required for infection control

DAY 2 October 31 (Sat)
The 2nd AJDA Meeting

The Main Event: The 2nd AJDA Meeting

October 31, 2026 (Sat) @ Institute of Science Tokyo



Program

Event Details

Date : October 31, 2026 (Sat)
Venue : Institute of Science Tokyo
(TMDU)

Registration deadline:

August 31, 2026

Registration Fee :

- Current dental exchange students in Japan: Free
- Others: JPY **16,000 (≒US\$100)**

Dress Code:

None, includes national costume

Hosts & Coordinators

Host

- Faculty of Dentistry, Institute of Science Tokyo
- Asian Association of Japan Dental Alumni (AJDA)
- Asia Dental Forum, Inc. (ADF)

Coordinators

- Prof. Atiphan Pimkhaokham
- Dr. Pornpoj Fuangtharnthip
- Dr. Orapin Komin

13:00–13:20 Opening Ceremony

13:20–15:00 Lectures

- Assoc. Prof. Upoma Guha (Bangladesh / University of Nebraska Medical Center)
- Dr. Nurtami Soedarsono (Indonesia / University of Indonesia)
- Prof. Amarsaikhan Bazar (Mongolia / Mongolian National University of Medical Sciences)
- Prof. Thein Kyu (Myanmar / University of Dental Medicine, Mandalay / Yangon)
- Prof. Atiphan Pimkhaokham (Thailand / Chulalongkorn University)

15:00–15:30 Coffee Break / booth visit

Ceremony to commemorate Prof. Ikuko Morio (separate room)

15:30–17:00 AJDA Member Meeting

17:15–19:30 Reception





DAY 1 October 30 (Fri)
Pre-Meeting Excursion

DAY 2 October 31 (Sat)
The 2nd AJDA Meeting

Registration & Inquiries

1. Registration Form

Using the registration QR code, please register yourself to participate in the Pre-Meeting Excursion and/or the 2nd AJDA Meeting according to your interest.

2. Deadline

Registration deadline: **August 31, 2026**
Excursion registration will close once the participating number reaches 20 people.

3. Method of Payment

After your registration is received, the Secretariat will send you payment instructions via PayPal.

4. Cancellation Policy

As Excursion capacity is limited, please contact the Secretariat as early as possible if you need to cancel. You may be charged the full fare for cancellation after the deadline.



Scan to Register

Inquiries

Asia Dental Forum Secretariat
Email: adf.sec80104@gmail.com



We look forward to welcoming you back to Japan.

